**FOR IMMEDIATE RELEASE**

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**Ascend Federal Credit Union, Employees Raise $1,270 for the American Heart Association’s Go Red for Women Campaign**

**TULLAHOMA, Tenn., – Feb. 28, 2022** – [Ascend Federal Credit Union](https://ascend.org/) and its employees raised $1,270 recently to support the American Heart Association’s (AHA’s) efforts to increase women’s heart health awareness. Ascend employees gave a total of $635 by donating at least $5 to the Go Red for Women program to wear blue jeans and a red shirt on National Wear Red Day Feb. 4 – and Ascend matched each employee contribution, dollar-for-dollar.

Over the past six years, Ascend has contributed $19,730 to support heart health through donations to the American Heart Association.

“Ascend is proud to support the American Heart Association and Go Red for Women,” said Peggy Stubblefied, Ascend’s Chief Human Resources Officer. “Their mission is essential, and their work is unparalleled. Elevating the awareness of the AHA’s vital work can allow our mothers, grandmothers, sisters and daughters to live longer, healthier lives.”

“We are so grateful for the generous support from Ascend Federal Credit Union and its employees,” said Melinda Walega, chair of the Middle Tennessee Go Red for Women campaign and vice president of talent acquisition at Schneider Electric. “Their donations in Middle Tennessee to our lifesaving mission will help to continue the fight against a disease that is a foremost health threat to women in Tennessee and across the nation.”

Cardiovascular disease is a leading cause of death of women in the U.S., according to the AHA’s 2021 Heart Disease & Stroke Statistics. Heart disease kills one woman approximately every 80 seconds, taking more lives than all forms of cancer combined.

**About Ascend Federal Credit Union**

With more than 240,500 members and more than $3.7 billion in assets, Ascend Federal Credit Union is the largest credit union in Middle Tennessee and one of the largest federally chartered credit unions in the United States. Based in Tullahoma, Tenn., the member-owned financial institution offers banking, loan, retirement and investment services from its 27 branches, more than 55,000 free ATMs worldwide, online banking portal and mobile app. The credit union’s mission is to serve by offering financial literacy education and giving back to its community in a variety of ways — including being the naming rights sponsor of Ascend Amphitheater, downtown Nashville’s premier open-air live music venue at Metro Riverfront Park. Ascend is federally insured by the National Credit Union Administration. For more information, visit [ascend.org](https://ascend.org/).

**About Go Red for Women**

Go Red for Women is a comprehensive platform designed to increase women’s heart health awareness and serve as a catalyst for change to improve the lives of women globally. While nearly 80 percent of cardiac events can be prevented, cardiovascular disease is the leading cause of death in women, claiming the lives of one in three women. For 17 years, Go Red for Women has encouraged awareness. The movement harnesses the energy, passion and power of women to band together and collectively wipe out heart disease. It challenges them to know their risk for heart disease and take action to reduce their personal risk. It also gives them tools they need to lead a heart healthy life. For more information, visit  [GoRedforWomen.org.](https://www.goredforwomen.org/)

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