**Garden City Homestead Association Distributes 300 Bags of Vegetables**

**Harvest sponsored by Center Parc Credit Union**

(GARDEN CITY, GA) Jan. 31, The Garden City Homestead Association’s community garden shared its first harvest of the new year with the community on Saturday, Jan. 29. The public was invited to receive free vegetables in a distribution held at the garden, 4115 Second St. in Garden City, between Oak and Davis drives.

The Garden City Homestead Association garden is one of nine community gardens throughout Chatham County to which Center Parc Credit Union has donated approximately $22,500 in sponsorship dollars. Another major supporter of the Saturday food distribution was Food Lion in Garden City, which made donations for the produce giveaway.

The event also featured an educational and public health component. Kidney Innovations will conduct free blood pressure screenings and conduct a program on “Five Things Diabetics Should Know About Kidney Disease.” Staff members were on hand to provide insight on how good food choices and proper nutrition can lower the risk of diabetes, hypertension, and kidney disease.

To learn more about Kidney Innovations, visit their website at www.kidneyideas.com, or visit their Instagram account at kidneyideas or on Facebook at Kidney Innovations.

“Families who have been concerned about getting food on their tables in the past year have been reaching out to local organizations for help,” said Donna Williams, community development liaison for Center Parc Credit Union. “These community gardens help feed our neighbors.”

In Chatham County, there are 47,000 people who live below the poverty line. According to a study by Feeding America, 79% of people served by food banks often purchase inexpensive, unhealthy foods just to make ends meet. The study also revealed the same people often say they want access to healthier foods for their diets.

For more information about supporting the garden as a volunteer or through donations, visit the Garden City Homestead Association Facebook page at https://www.facebook.com/Garden-City-Homestead-Association-101228345002337.

ABOUT CENTER PARC CREDIT UNION  
Center Parc Credit Union is a division of APCU, the oldest credit union in the state of Georgia. In September 2020 two new Center Parc Credit Union locations opened in the Savannah area: at the Pooler Walmart, 160 Pooler Parkway, and the Savannah Walmart, 6000 Ogeechee Road. The company is also planning to open a free-standing flagship branch in Savannah in 2022. An ongoing community gardens program was launched in August 2020. The member-owned, not-for-profit financial cooperative is dedicated to helping hardworking people save money and prosper. Each member’s funds are insured for up to $250,000 by the National Credit Union Administration (NCUA). For more information, call 800-849-8431, email info@centerparc.org or visit online at www.centerparc.org

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