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#### **OCCU Foundation invests in parenting education**

**Eugene, Oregon –** With a grant from OCCU Foundation, Eugene-based nonprofit Parenting Now is launching an updated Spanish-language edition of its flagship curriculum, “Make Parenting a Pleasure,” in March 2023.

OCCU Foundation’s grant of $40,000 helped to provide Parenting Now with the resources needed to translate, culturally adapt and refine “Haga de la Familia un Placer,” the Spanish version of “Make Parenting a Pleasure.” This grant-funded work brought the course current with the latest research in child development, neuroscience and parenting practices for Spanish-speaking families in Eugene’s neighboring communities, across Oregon and throughout the wider U.S.

Parenting Now strives to make the course as accessible as possible to reach families of diverse backgrounds. The curriculum promotes positive family relationships and child development for families with children from birth to age eight.

“OCCU Foundation’s support of these updates to Parenting Now’s curriculum underscores our passion for promoting health and education for all in our community,” said OCCU CEO and president Ron Neumann. “Strong families mean healthier and happier kids and parents. That’s something with wide impact in our community, and OCCU is proud to be a part of that.”

After completing the course, one parent commented that the class changed their life: “I learned to give love and to love myself more.” Another parent expressed gratitude for the program, saying, “I have become more present with raising my children … I also manage my stress better.”

“Haga de la Familia un Placer” will be taught not only at Parenting Now’s Eugene campus but also at parenting agencies around the country. In addition, sales of the curriculum to other organizations will help to offset costs and sustain other activities at Parenting Now.

**About Parenting Now**

Parenting Now is a non-profit organization that provides parenting education and support to families with young children. We bring parents of young children together to:

* Share parenting experiences.
* Increase their knowledge of early childhood development.
* Learn about community resources.
* Create support networks among themselves.

For more information, contact Theya Joslin at tjoslin@parentingnow.org.

**About OCCU Foundation**

OCCU Foundation is the philanthropic arm of OCCU, a not-for-profit financial cooperative located in Oregon and Washington. Since its start, OCCU Foundation has granted more than $2.5 million to help build happier and healthier communities by giving generously to projects that advance learning, improve well-being and support communities. The foundation is a nonprofit 501(c)(3) corporation funded by OCCU, businesses, families and individuals. OCCU Foundation was founded in 2018 to further extend the credit union’s vision to Enrich Lives. Learn more at MyOCCU.org/Foundation.

**About OCCU**

OCCU was founded in 1956 in Eugene, Oregon. Today, as a not-for-profit financial cooperative, OCCU has more than $3 billion in assets and serves more than 260,000 members through digital channels and 12 Oregon branches in Eugene, Junction City, Keizer, Salem, Springfield, Redmond and Wilsonville. Most members live in Oregon and the state of Washington. Others reside throughout the United States and even abroad, keeping their membership active through online and mobile banking. Learn more at MyOCCU.org.

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